

Adventure Training 2026

Adventure Tower

Tower training takes place on the 4-H Camp Ohio Adventure Tower. Tower activities include: zipline, climbing wall and rappelling wall. Please dress for the weather and wear comfortable shoes. Participants must be at least 18 yrs old.

RSVP by April 17th, 2026

Saturday May 2nd, 2026

9:00-4:00pm

Lunch is provided

Flying Squirrel

Flying Squirrel training takes place on the 4-H Camp Ohio Flying Squirrel. Please dress for the weather and wear comfortable shoes. Participants must be at least 18 yrs old.

RSVP by April 17th, 2026

Saturday May 2nd, 2026

9:00-4:00pm

Lunch is provided

Team Challenge

Team Challenge training takes place on the 4-H Camp Ohio Challenge Course. Please dress for the weather and wear comfortable shoes. Participants must be at least 15 yrs old.

RSVP by April 17th, 2026

Saturday May 2nd, 2026

9:00-4:00pm

Lunch is provided

High Ropes

High Ropes training takes place on the 4-H Camp Ohio High Ropes Course. Please dress for the weather and wear comfortable shoes. Long pants are advised. Participants must be at least 18 yrs old.

RSVP by April 17th, 2026

May 2nd, 2026

9:00-4:00pm

Lunch provided



Additional Information:

- All Adventure Instructors must be current in **First Aid, CPR, AED and Blood Borne Pathogens**.

Instructors must submit a copy of their cards to 4-H Camp Ohio's office prior to teaching the class.

- Reminder: If you have Team Challenge and Adventure Tower activities simultaneously occurring, only one person needs to be trained in first aid/CPR/AED and blood borne pathogens for the central area.

- To maintain eligibility to lead groups, instructors must lead a minimum of two sessions per activity each year. A retrain is required if eligibility is not met every year.

- **Each** of the three tower activities (zipline, climbing wall, and rappelling wall) require a trained instructor.

To RSVP:

Complete RSVP form via website or contact:

Kris Cooper

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www.4hocampohio.org/adventure-training